

How to Prepare for your Spray Tan

Shower and exfoliate your entire body with an oil-free soap and remove any body hair 12 hours or less before your spray tan. When exfoliating, pay attention to areas on your body that tend to be rough or dry. For most people this is the elbows and knees. Make sure to scrub the back of your legs and calves and the front and back of the neck as well. These areas tend to be uneven if not scrubbed properly. You should also **avoid razors with an added moisturizing strip** before each spray tan.

Skin should be clean and dry before being sprayed. **No sweat, deodorant, make up, lotion or perfume.** These things can cause your spray to not stick to your skin well and could potentially make you look uneven or blotchy. Wearing deodorant or not scrubbing it off properly before your spray can cause armpits to look green when reacting with the spray solution.

Please be sure to wear lip balm when you come in for your appointment.

All waxing, pedicures, manicures, facials, or massages should be done at least one day **BEFORE** your appointment.

Wear dark, loose-fitting clothing to your appointment and while the spray develops (long sleeves and loose long pants work best, leggings are never a good option). When receiving your spray tan, you can wear whatever you're comfortable in-take note that whatever you wear during your session will leave tan lines (swimsuit, undergarments). Be aware of the weather, if it's raining you will want to wear long clothing with a hood to make sure the rain doesn't ruin your spray.

After Care

Wait a minimum of 5 hours and up to 12 hours depending on desired color before showering. Avoid long, hot baths or showers. After showering, make sure to blot your skin dry lightly with your towel, this will help extend the life of your spray.

Avoid sweating and water until after your first shower.

If sleeping while your tan is setting, make sure to wear long, loose sleeves and pants so that your hands are not touching your body/legs.

Apply Oil Free body lotion after showering and try to apply as often as possible. (Oil or petroleum-based lotions/sunscreens will wear away a spray tan faster.) Chlorine and saltwater can cause your tan to fade faster as well.

****If you have other questions about your airbrush or airbrush appointment, please contact your appointment store: Faribault 507-209-1949 or Owatonna 507-214-3071****